

Be Not Afraid - Biblical Discussion

What does it mean to be afraid?
What are some of the things most people are afraid of?
What are you afraid of?
Is being afraid stopping your blessings?
Being afraid brings what to a person's life?
In a long term, what would being afraid do to a person?



Fear is one of the biggest stumbling blocks most youth and adults face. We are afraid of what could happen, what did happen, or what others may think. We fear for safety, and we fear because of the unknown. Is there something under the bed, or something beyond the next dark corner? Will the bully be there today? Will I say the wrong answer in class, and the kids will think me stupid and laugh?

"Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God is with you wherever you go." Joshua 1:9 "Cast all your anxiety on him because he cares for you." 1 Peter 5:7-10 God offers you his comfort. He promises you his power and strength. But when hard times hit--illness, death, job loss, and relationship troubles--it is often hard to remember, to believe that God is with you. Again and again Scripture teaches, "Do not be afraid." As you dwell on the truth of God's sovereignty and faithfulness, your hope will be restored.

Be Strong & Courageous

Anticipating the Worst: Moses ([Deut. 7:18](#))
Dealing with Sin: Joshua ([Joshua 7:1-26](#))
When Nervousness & Uncertainty Immobilize: Gideon ([Joshua 1:9](#))

If Only You Could See

Seeing the Unseen: Elisha ([2 Kings 6:15-17](#))
The Battle Is the Lord's: Jehoshaphat ([2 Chronicles 20:15](#))
Gaining Confidence: Jeremiah ([Jeremiah 17:7](#))
Bold to Speak Out: Ezekiel ([Ezekiel 37](#))
Unanswered Prayer: Daniel ([Daniel 10:12-13](#))

Encouraging Others Who Fear

Offering Protection: David & Abiathar ([1 Samuel 22:23](#))
Encouraging Perseverance: Jonathan & David ([1 Samuel 23:115-8](#))
Keeping Promises: David & Mephibosheth ([2 Samuel 9](#))

I Know My God Is for Me

The Lord Lifts Up My Head
The Lord Shepherds Me
The Lord Keeps Me Safe
The Lord Makes Me Glad
The Lord Redeems Me
The Lord Keeps My Feet from Stumbling

Fearing God

Don't Forget What God Has Done for Us: Moses
Fearing God Is the Beginning of Wisdom: Solomon ([Proverbs 1:7](#))
Returning to God: Joel ([Joel 2:12](#))

Your Savior Has Come

You Have Found Favor with God: Mary & Joseph ([Matthew 1:20](#))
I Bring You Good News of Great Joy: The Shepherds
From Now On You Will Fish for Men: Peter ([Matthew 4:19](#))

"My Peace I Leave with You"

"See, Your King Is Coming"
"I Go to Prepare a Place for You" ([John 14:2-3](#))
"I Have Overcome the World" ([John 16:33](#))
"He Has Risen, Just As He Said" ([Matthew 28:6](#))
"As the Father Has Sent Me, So Send I You" ([John 20:21, Matthew 28:16-20](#))

A Peace You Cannot Fathom

You Are More Important: Jesus ([Matthew 6:26](#))
Nothing Can Separate Us from Christ's Love: Paul ([Romans 8:35](#))
A Peace That Guards Your Heart & Mind: Paul ([Philippians 4:7](#))
The Reason for Hope: Peter ([1 Peter 3:15](#))
Perfect Love Casts Out Fear: John ([1 John 4:18](#))