

## Four Ways To Enjoy Each Day - Biblical Discussion

There are four things we can do to be blessed, and be a blessing to others, today:

### 1) Meditate On God's Word

"I rejoice in following your statutes as one rejoices in great riches. I meditate on your precepts and consider your ways. I delight in your decrees; I will not neglect your word." (Psalm 119:14-16)

God's Word is a "light for our path." (Ps 119:105) It brings us joy by "teaching, rebuking correcting and training us in righteousness," (2 Tim 3:16) showing us what things are true, noble, right, pure, lovely, admirable, excellent and praiseworthy, (Phil 4:8) and by reminding us of all God's promises. (Ps 119:76, Gal 3:14) Take time every day to read the Bible.



### 2) Live Faithfully

"Do not merely listen to the word, and so deceive yourselves. Do what it says." (James 1:22)

Christians represent the living God to a dying world. Whatever happens throughout the day our goal should be to "conduct ourselves in a manner worthy of the gospel of Christ." (Phil 1:27)

We should be faithful children, parents, spouses, employers, employees and friends, treating people the way the Bible tells us to, and remembering when we fall short "if we confess our sins He is faithful and just and will forgive us our sins and purify us from all unrighteousness." (1 Jhn 1:9)

Another aspect of living faithfully is truly putting our faith in Christ, who we trust to not only pay for our sins, but also provide, guide, strengthen and comfort us. (Rom 3:22-26, Phil 4:13, 2 Cor 12:9-10)

### 3) Live For Others

"We are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do." (Eph 2:10)

We're created in Christ to do good works, and He has blessed each of us with gifts which allow us to accomplish these works. Some are good at encouraging, some are able to teach, some love to pray, others have the gift of compassion... there are many different types of gifts but what they all have in common is the gifts God gives us are designed to serve others.

We're encouraged to have the same attitude as Christ by "serving one another in love." (Phil, 2:5-7, Gal 5:13) A day spent living for others will fill your heart with joy because "it's more blessed to give than to receive." (Acts 20:35)

### 4) Rejoice In the Lord Despite Any Earthly Circumstances

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." (John 16:33)

Every day we should rejoice with "joy inexpressible" because we have a "living hope through the resurrection of Jesus Christ." (1 Pet 1:3-4,8) Even when we go through hardships we still rejoice because we're focused on this hope.

We rejoice in spite of the fact that the bank is about to foreclose, or the doctor has bad news, or whatever else comes our way. We rejoice because the source of our joy doesn't come from our earthly circumstances, it comes from our heavenly standing. We rejoice always because we belong to Christ.